



Congratulations!

The following employees will be adding another year of service in

March 2023

Vickie Morton 34 yrs (WHOA!)

Keri Grant 7 yrs

Shannon Laubauskas 1 yr

Joesph Lapointe 1 yr

Rayeann Milliken 1yr

Thank you for your dedication and hard work!!

Western Maine Brain Injury Support Group

Please use front door

March 7, 2023

April 4, 2023

The meetings are held at 5pm
Hope Association
85 Lincoln Avenue, Rumford

These meetings are free and open to individuals with brain injury, caregivers, and anyone interested in learning more about brain injury.

For more information, please contact Jessica Hines @ 207-507-2029 or by email corporatecompliance@hopeassociation.org



For inspiring stories, go to:
Biausa.org

Place address label here

Place Stamp Here

THE What Not Shop - Thrift Store

WE ARE NOW OPEN AGAIN ON MONDAYS!

DONATION HOURS CHANGED

Sunday: Closed

Monday: 7:30am-3:30pm

Tuesday: 7:30am-3:30pm

Wednesday: 7:30am-3:30pm

Thursday: 7:30am-3:30pm

Friday: 7:30am-3:30pm

Saturday: 7:30am-12:00pm

STORE HOURS CHANGED

Sunday: Closed

Monday: 9am-4pm

Tuesday: 9am-4pm

Wednesday: 9am-4pm

Thursday: 9am-4pm

Friday: 9am-4pm

Saturday: 9am-1pm

Saturday: 9am-1pm

Now accepting clean, gently used items.

REMINDER:

We **CANNOT** accept large appliances, Knives, weapons, large furniture, Televisions, mattresses, child/infant car seats.

FOR LARGE DROP-OFFS PLEASE CALL AHEAD

Ask about our **CUSTOMER APPRECIATION PROGRAM!**

Don't forget to bring your shopping bags.



Shop at AmazonSmile

and Amazon will make a donation to:
Hope Association



Go to
www.smile.amazon.com
and search
Hope Association.
Amazon will donate .05%
of every purchase you
make to
Hope Association!



THE What Not Shop - Thrift Store



Miki Skehan
Executive Director
357-8705

Community Support Services
Community Case Management Services
Nursing Home Outreach Services
Employment Support
364-4561

Shared Living
369-0678

Brain Injury and Other Related Conditions
364-4561

Home Supports
369-0019

Residential Services:
Fourth Street
369-0678

Horizons
364-8842

New Hope
369-0019

Kimball Ave
364-2439

Keep House
364-7281

www.hopeassociation.org

HOPE CONNECTION

MARCH 2023

EMPLOYEE HIGHLIGHT



Congratulations Angela O'Leary!

Angela has been employed as a Direct Support Professional (DSP) with Hope Association for over four years and currently works at our Fourth Street location. Since being hired at Hope Association, Angela's completed several trainings, including Frontline Leadership, which she says "helped me grow both personally and professionally." In her spare time, Angela likes to learn new skills as she always wants to learn and help others. She also likes to kayak, although she considers herself a beginner.

It's not often that you see Angela without a smile on her face. She says, "joking and laughter are so important." Angela's charismatic nature, compassion, flexibility, and motivation make her a huge asset to Hope Association and the individuals that she serves.

When Angela was asked what the best part of her job is, she answered, "Working with and supporting the residents. I have made great connections with the individuals that I support every day. The work we do is the most rewarding; teaching people different things every day." To sum things up, Angela says, "I love everything Hope stands for!"

We appreciate you, Angela! Thank you for being part of the Hope Association Team!



Our Monthly Recognition:

Elise Abbott

Thank you for supporting
Hope Association!

VISION STATEMENT:

Hope Association envisions a world where all people are treated with respect.

MISSION STATEMENT:

As partners in our community, we will provide leadership, residential, case management, vocational and community support services to individuals and their families through programs that enhance independence, dignity, choice and individual well being.

Board of Directors

PresidentRichard Philbrick
Vice PresidentCarlo Puia
Treasurer.....Richard Allen
Secretary.....Angela Durant

Members

Vito Gaccetta
Richard Jennison
Roger Whitehouse
Richard Lovejoy
Tricia Thurston
Tonya Reeves



**MARCH IS BRAIN INJURY
AWARENESS MONTH**

If you or someone you know have suffered a brain injury, please know that there is support available. You can refer to the back page of this newsletter for more information as to our Brain Injury Support Group. We have a wonderful group of people that meet every month here at Hope Association.

More Common Than You Think



Acquired Brain Injury (ABI)

An injury to the brain that is not hereditary, congenital, degenerative, or induced by birth trauma. The injury results in a change in neuronal activity, which affects the physical integrity, the metabolic activity, or the functional ability of nerve cells in the brain.

THERE ARE TWO TYPES OF BRAIN INJURY

1

Non-Traumatic Brain Injury

Often referred to as an acquired brain injury, non-traumatic brain injuries cause damage to the brain by internal factors, such as a lack of oxygen, exposure to toxins, pressure from a tumor, etc...

2

Traumatic Brain Injury

An alteration in brain function, or other evidence of brain pathology, caused by an external force. There are two primary mechanisms of TBI; those involving impact to the head (Traumatic Impact), and those involving inertial forces which affect the brain (Traumatic Inertial)

CAUSES OF BRAIN INJURY

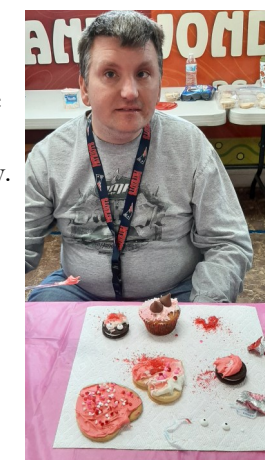


ACQUIRED BRAIN INJURY

	Focal	Diffuse	TRAUMATIC IMPACT Contact Injury Head struck by or against an object	TRAUMATIC INERTIAL Non-Contact Injury Brain moves within skull	NON-TRAUMATIC Internal Insult	
PRIMARY INJURY MECHANISM			CLOSED (Non-Penetrating)	OPEN (Penetrating) Skull Fracture Meninges Breach	Rotational/Angular Forces Acceleration/Deceleration Forces	Severe Reductions in Blood Flow Hemorrhage Due to Clotting
INJURY CLASSIFICATION			FOCAL -or- DIFFUSE	PRIMARY FOCAL	PRIMARILY DIFFUSE (MULTIFOVAL)	FOCAL -or- DIFFUSE
INJURY PATHO- PHYSIOLOGY			Brain Contusions Brain Lacerations Intracerebral - Hemorrhage Diffuse Axonal Injury	Epidural Hematomas Subdural Hematomas Intracerebral - Hemorrhage Infections	Diffuse Axonal Injury White Matter Lesions Hemorrhage	White Matter Lesions Hemorrhage
INJURY CAUSES			Blast Related Assaults Falls Vehicular Accidents Sports Accidents	Gunshot Stabbing Falls Vehicular Accidents Sports Accidents	Falls Vehicular Related Accidents Sports Related Accidents	Stroke Neurotoxic Poisoning Hypoxia/Anoxia Ischemia Infection Tumors



Time to decorate !
Carol, Zach, Frank, Eric ,
Mary and Jimmy have some
fun decorating cookies and
cupcakes for Valentine's Day.



Fawn, our Finance Director, posing with
Murphy and his fur brother Barkley, our
newest Hope Family puppy



One of our staff, Lana, takes a picture and captures the
reflection in the glass of Christopher (Sparky), Martina and An-
nette watching people ski at Black Mountain



Patrick, Jamie and Brandon
happy to be in the pool