

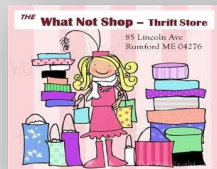


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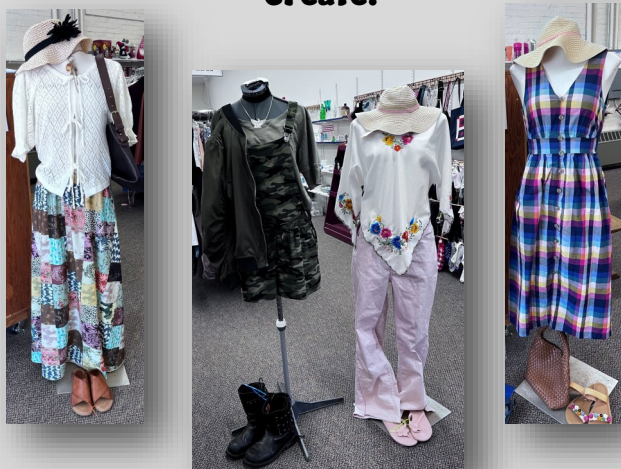
Place
Stamp
Here

WHAT NOT SHOP DID YOU KNOW?

"COMING SOON!"
Watch for the expanded donation area. We are expanding to better serve you.



Stop in and see what kind of outfit you can create.



Western Maine Stroke and Brain Injury Support Group Co-hosted by : Debra Hanmer and Cynthia Dawson

The meetings are held at 4pm, on the first Tuesday of each month, at
Hope Association
85 Lincoln Avenue, Rumford, Maine
Please use the front door.

These meetings are free and open to individuals with brain injury, caregivers, or anyone interested in learning more about brain injury.



For more information, please contact our Receptionist at (207) 364-4561 or by email recp@hopeassociation.org

THE What Not Shop - Thrift Store

STORE HOURS

SATURDAY AND SUNDAY: **CLOSED**
Monday thru Friday 9 am—4p

DONATION HOURS

SATURDAY AND SUNDAY: **CLOSED**
Monday thru Friday 8 am—3 pm

While we greatly appreciate donations, if you're donating something that you would **NOT** purchase for your son/daughter, mom/dad or loved one that is stained, soiled, chipped, dented, or damaged, then it isn't something we can sell in our store. Please keep this in mind as you decide what to donate, and what to throw away. Our manpower and time is limited, and a lot of effort goes into making sure the items we sell are of good quality. Also, as a reminder, **WE DO NOT ACCEPT** car seats, weapons, or knives. You must call Vickie Morton at 507-2041 to ensure we can take any furniture, large appliances, televisions or for any large donations and to schedule an appointment to drop off large donations. Thank you so much for your support.

MONTHLY SPECIAL



The first full week of the month we will have a
"Fill A Basket" sale \$12 all clothes
(Excludes—Jackets, Winter Apparel and Holiday attire)
Watch our Facebook page for pop up sales and specials.



THE What Not Shop - Thrift Store

207-364-2139

Jessica Hines
Executive
Director



Community
Support
Services



Community Case
Management
Services



Nursing Home
Outreach Ser-
vices



Shared Living



Brain Injury and
Other Related
Conditions



Home Supports



Residential
Programs:

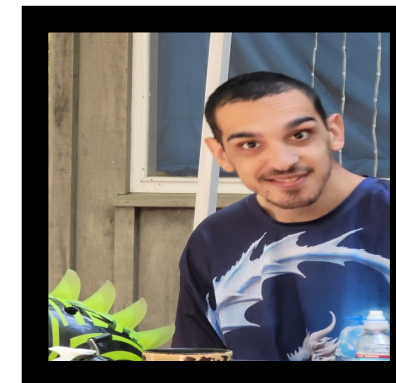
Fourth Street
Horizons
New Hope
Kimball Ave
Keep House



Please Call
364-4561
to connect with
any of these
services

www.hopeassociation.org

Hope Association People in our Neighborhood!

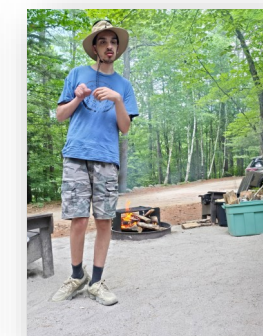
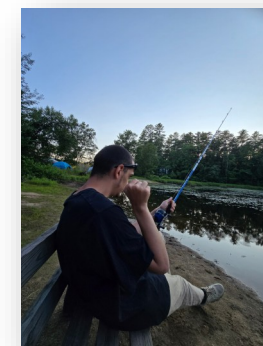


Meet Damian

Damian enjoys spending time with his family and participating in activities through Community Support Services. He has many interests, including crafting, fishing, visiting the Dixfield Library, exploring the Rumford Community Forest, and taking part in the Earth Day clean-up at Worthley Pond.

One of Damian's favorite annual events is the Hope Association Ride-In, where he enjoys connecting with others and being part of the community. This year, he is excited to take his love of crafting a step further by setting up a craft table at Hope Association's Annual Oktoberfest.

Since joining Hope Association, Damian has built meaningful friendships and created many lasting memories. His enthusiasm for community involvement and creative activities continues to make a positive impact on those around him.



SEPTEMBER
CANCER AWARENESS
MONTHS



Our Monthly Recognition:
Thank you to:

Oxford Federal
Credit Union

We appreciate your support!

VISION STATEMENT:

Hope Association envisions a world where all people are treated with respect.

MISSION STATEMENT:

As partners in our community, we will provide leadership, residential, case management, vocational and community support services to individuals and their families through programs that enhance independence, dignity, choice and individual well being.

Board of Directors

President
Richard Philbrick
Vice President
Dick Lovejoy
Treasurer
Cindrie Cormier
Secretary
Amber Durant
Members
Ellen Wainwright
Jeff Sterling
Catherine Ross
Lynn Dickson
David Laurinaitis
Jerry Bourget
Vanessa Child

Hope Associations Community Support program hosts a regularly scheduled Job Club every other Monday at 12:00 PM located at 85 Lincoln Avenue in Rumford.

Job Club is intended to prepare everyone to be ready for the work force to be successful in the jobs of their choice. Hope Association supports individuals in their pursuit of employment as it plays an important part of adult life. It provides opportunities for financial independence, personal growth, social connections, and a sense of purpose. For individuals with intellectual disabilities, finding and maintaining meaningful employment can present unique challenges. Job clubs are valuable programs that help bridge the gap between job seekers and employers by providing support, training, and encouragement throughout the employment journey.

A job club is a group that brings together individuals who are seeking employment or looking to improve their current skills. The club meets every other week and works on topics such as resume writing, interview preparation, workplace communication, job search techniques, and professional development. For individuals with intellectual disabilities, job clubs create a supportive environment where participants can learn at their own pace while gaining confidence in their abilities. Anyone can attend Job Club even if they are not seeking employment. It is a great place to make friends and gain skills through volunteer opportunities.

One of the greatest benefits of a job club is the opportunity to build self-confidence. Many individuals with intellectual disabilities may feel uncertain about entering the workforce or may have experienced barriers in the past. Through group activities, role-playing exercises, and peer support, people supported learn to recognize their strengths and develop the skills needed to succeed in a workplace. Celebrating achievements helps build a positive self-image and encourages continued growth.

Job clubs also provide valuable social opportunities. People supported interact with peers who share similar goals and experiences, building friendships and natural support networks. These connections can reduce feelings of isolation and help individuals feel more comfortable discussing their challenges and successes. Working together in a group setting also helps develop communication skills, teamwork, and problem-solving skills that are essential in many jobs.

Another key advantage of job clubs is skill development. Members receive practical instruction on employment-related topics such as completing job applications, dressing professionally, understanding workplace expectations, and learning how to communicate effectively with supervisors and coworkers. Job clubs' partners with local businesses and community organizations provide work experience, job shadowing opportunities, or guest speakers who offer insight into career exploration.

Families, caregivers, and Vocational Rehabilitation often play an important role in supporting job club. By working together, they can help individuals set realistic goals, overcome obstacles, and identify employment opportunities that match their interests and abilities. This team-based approach helps ensure that participants receive the encouragement and resources they need to achieve success.

Employers also benefit from hiring individuals who have participated in job clubs. These job seekers often bring dedication, reliability, and a strong desire to contribute to their workplace. Many businesses have discovered that creating inclusive work environments not only strengthens their workforce but also promotes diversity, innovation, and a positive company culture.

The impact of a job club extends beyond employment. People supported often experience increased independence, improved self-esteem, and a greater sense of belonging within their communities. Having a job can provide opportunities to learn new skills, build relationships, and achieve personal goals that contribute to a fulfilling life.

Submitted by Vickie Morton

see photos>>>

**Job Club members seen below are:
Bryan, Jamie, Akieva, Samantha, Zach,
Jimmy, Frances, Donna, Beth, Tommy,
Damian, and Mary.
Hosted by : Vickie Morton**



UPCOMING EVENTS **September 2026**

- 9/5/26 Horizons Annual Cook Out
- 9/13 to 9/17/26 DSP Appreciation week
- 9/23/26 WNS Fashion Show
- 9/24/26 End of season Employee BBQ

Congratulations!

The following employees
have
added another year.

August 2026

Christopher Tidswell (1)

*Thank you for your
dedication
and hard work!!*